



1 the consultation

Knowing the hair history will determine the temperature used when infusing. It will also allow you to set and exceed expectations.



2 build-up be gone

Use a generous amount of **build-up be gone**. Gently cleanse the hair. Avoid massaging. Repeat 2-3 times depending on build-up.



3 towel dry 80% dry

Towel or paper dry hair 80% dry.



4 apply nice and smooth

Depending on length and hair-type, using scales pour 35-55ml of **nice and smooth** into a bowl. Apply as you would a masque. Gloves are optional.



5 leave for 50 min

Leave the ingredients to work in the hair. This allows you to accommodate another guest in-between.



6 rinse thoroughly

Using warm water, rinse thoroughly. This gets rid of residue, which allows for a better on the day finish.



7 apply miracle masque

Apply the **miracle masque** and leave for 5 min. This helps prep the treatment ahead of the infusing stage.



8 rinse thoroughly

Using warm water, rinse thoroughly.



9 rough dry 100% dry

No need to go into blow-dry mode. Simply rough dry 100% dry, smoothing the cuticles, making it easy to section.



10 8-10 neat sections

Create sections no wider than the plate of the irons. The neater the sections the better the results. Leave no strand behind.



11 infuse with flat irons

Infuse subsections using 8-10 strokes. Feel the hair, as it will guide you to how much heat and strokes it needs and can take.

General guide: Damaged 175°-180°. Coloured 200°. Natural 210°



12 the final touches

If your guest has dead-ends, cut them as it will impact the finished feeling. Inform your guest that they shouldn't shampoo for 48 hours.

nice and smooth step by step video
thehairmovement.com/stepbystep

thehair
movement.®



step by step guide for the nice and smooth treatment

professional in-salon smoothing treatment
with carbocysteine, sunflower oil,
linseed oil, argan oil, macadamia oil, rosemary
leaf extract and hydrolysed wheat.

share your work using #niceandsmooth @thehairmovementbrand